

Step-By-Step Guide to Using Your Lancing Device

**If you have questions or need assistance,
call Real-Time Diagnostics at 866-662-7897**

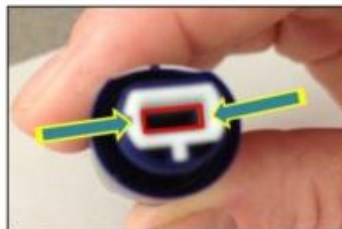
1. a) Turn cap and set dial to 5



b) Pull cap off



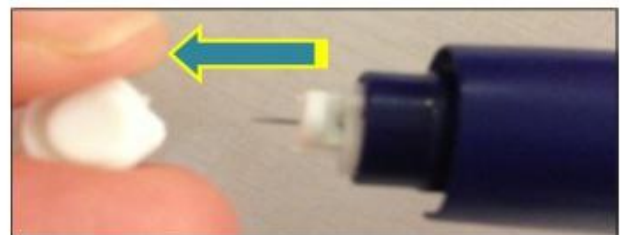
c) Insert the lancet



2. a) Twist the top of the lancet with two fingers until it's loose

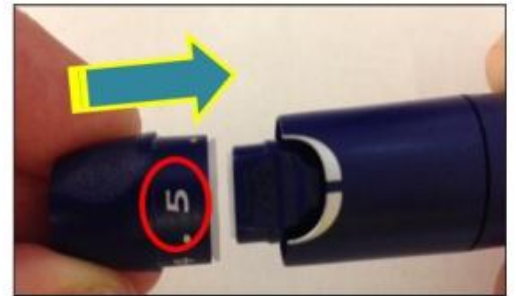


b) Pull the top (cap) straight off



-continued on back-

2. c) Recap the device; make sure the 5 is facing towards you



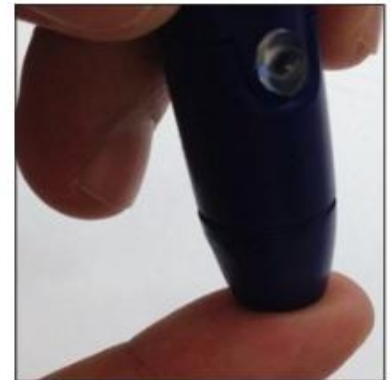
- d) Set the trigger - push in the end of the lancing device (click it like a pen)



Notice: The button will turn yellow when the device is prepared and ready to lance your finger



3. a) Press the tip of the lancing device firmly against the middle of your fingertip



- b) Press the yellow button (while continuing to press the device against your finger)



- c) Gently squeeze your finger from the base to the tip; squeeze until the blood drop is the size of a large ladybug

