

Additional Information Request

Please complete the following:

Physician Name(s): _____

Practice/Facility Name: _____

Best time to contact: _____

Best person(s) to contact: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ Fax: _____

E-mail: _____

INR Patient Self-Testing (PST) Services

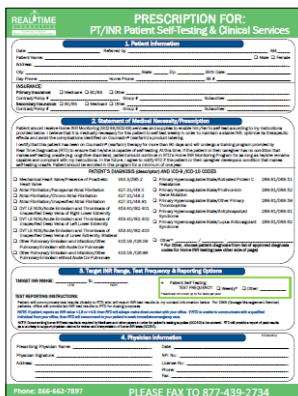
- Patients provided with meter, home delivery of supplies and self-testing training by our clinical staff
 - Comprehensive data and reporting tools to ensure “Real-Time” visibility and immediate notification of INR results and data to the physician and/or plan (on-line portal, fax, phone and email)
- Please provide me with more information about your Patient Self-Testing Services

Dosage Management Services (DMS) and Medication Management Review (MMR)

Our Clinical Pharmacists and staff can dose, monitor and address triggers that impact Coumadin levels and medication adherence from one centralized location. Our Clinical Pharmacists and Dosing Specialists follow RTD’s dosing protocol which is based on CHEST guidelines.

- Clinical team can adjust varying INR levels, from acute abnormal to the “STAT” critical
 - “Real-Time” alerts and notifications given to physicians, as requested, and available on our on-line portal
 - A medication review will be done at each encounter to confirm and reinforce any care management plan as well as assess and review drug utilization, drug-drug interaction and adverse drug effects
- Please provide me with more information about your Clinical Services

RTD 201708

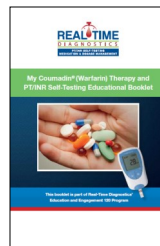


- Customized Prescription/Referral Form
Easy to refer patients using this customized Rx with updated ICD-10 self-testing codes
Quantity: _____



- A Heart-Healthy Approach for Foods Containing Vitamin K

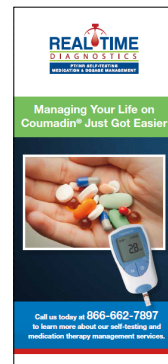
Quantity: _____



- My Coumadin Therapy and PT/INR Self-Testing Educational Booklet

Quantity: _____

Both Educational Booklets are included in your patients initial supply order!



- Consumer (Patient) Brochure
Brochure highlights the benefits of self-testing. Q & A section addresses commonly asked questions about insurance coverage, cost and process

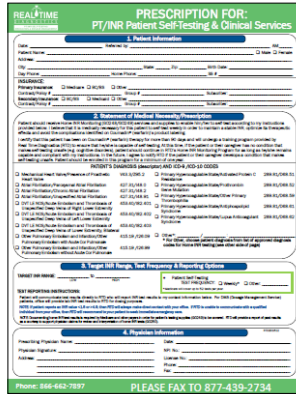
Quantity: _____

Fax this page to Real-Time Diagnostics at 1-877-439-2734

Real-Time Diagnostics Patient and Provider Educational Resources

Customized Prescription/ Referral Forms

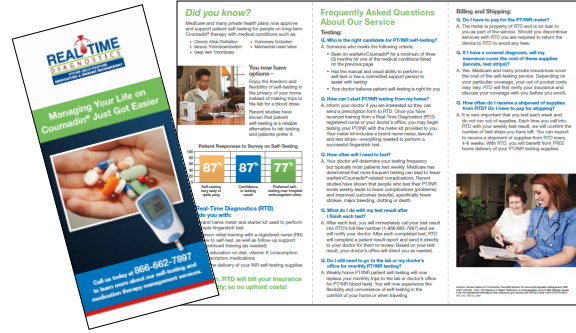
- Easy to use form—ensure all necessary information is included on the Rx before faxing
- Form includes approved ICD-10 codes for self-testing coverage
- Customized and prepopulated with physician information & demographics to reduce time in filling out forms!



REAL TIME DIAGNOSTICS
PT/INR Self-Testing & Clinical Services
PRESCRIPTION FOR: [Patient Name]
[Physician Name]
[Address]
[Phone]
[Fax]
[Email]
[Insurance]
[ICD-10 Codes]
[Medications]

Consumer (Patient) Brochure

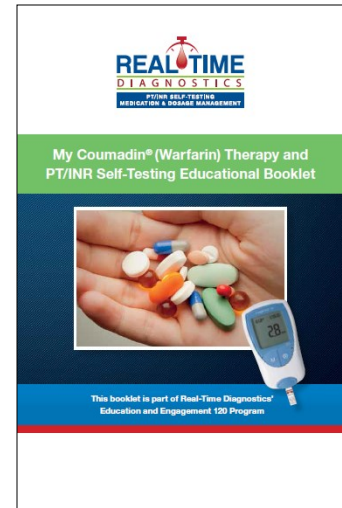
- Brochure highlights the benefits of self-testing
- Q & A section addresses commonly asked questions about insurance coverage, meter training, cost and enrollment process



My Coumadin Therapy and PT/INR Self-Testing Educational Booklet*

Topics discussed within this 35 page booklet:

- What is Coumadin® and How Does It Work?
- Common Medical Conditions Where Coumadin® Might Be Prescribed
- Blood Tests and Their Importance
 - ⇒ What does PT and INR mean?
 - ⇒ When and where do I get my blood tested?
 - ⇒ What should my PT/INR number or range be?
- Things That Affect My Coumadin® Therapy
 - ⇒ Potential medication interactions
 - ⇒ Diet and vitamin K consumption
 - ⇒ Alcohol and tobacco use
 - ⇒ Sickness
 - ⇒ Medical and dental procedures
 - ⇒ Pregnancy
- Possible Side Effects of Coumadin®
- Tools and Resources
 - ⇒ Tips for a successful fingerstick test
 - ⇒ Coumadin® dosage and PT/INR self-test log book
 - ⇒ Seasonal tips and hints for people on Coumadin®
 - ⇒ Medication log



A Heart-Healthy Approach for Foods Containing Vitamin K*

Topics discussed within this 27 page food guide:

- Vitamin K Content of Common Foods and Beverages
 - ⇒ Easily identify med/high vitamin K-rich foods within the guide by yellow and red color coding
- Appropriate Portion Sizes to Accommodate a Heart-Healthy Diet
 - ⇒ Portion sizes equivalent to 1-2 carbohydrates per serving
- Tips for Maintaining a Heart-Healthy Eating Plan
- Helpful Tools and Information
 - ⇒ Website provided for complete listing of foods and their vitamin K content
 - ⇒ Tips on reading food nutrition labels
 - ⇒ Visual reference guide provided so patients can learn to estimate correct portion sizes
 - ⇒ Healthy food substitution list
 - ⇒ 10 tips to a great plate

