

10 Easy Steps for A Successful PT/INR Test

- 1. Wash your hands with warm soapy water.
- Prepare the lancing device.
- Place meter on a flat surface near the edge of the table.
- 4. Insert strip to turn on meter.
 - Allow strip to extend over the edge of table.
 - A 3-digit code will appear on the screen;
 make sure the code number on the screen
 matches the code number on the test strip vial.
- 5. Press and release the "M" button.
 - Hourglass 🕏 appears while meter warms up.
 - Take a moment to "warm up" your finger by massaging it from the base until you see an increased color in your fingertip.
- Once the 180 second countdown begins, prick the middle of the tip of your finger.

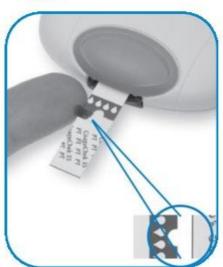
-continued on back-

-continued from front-

7. Squeeze out a drop of blood about the size of a large ladybug: like this -

8. Bring your finger to the SIDE of the strip. Keep the blood sample slightly above the clear test area.

Tilt your finger to allow the blood sample to flow onto



the *clear portion* of the test strip and **keep** your finger there until the meter beeps or an hourglass appears on the screen.

- 9. Wait for the result to appear on the screen (can take up to a minute to appear).
 - * If you receive an error, please DO NOT try and take another test until you contact Real-Time Diagnostics (RTD)
- 10. Immediately after your test, call RTD (1-866-662-7897) with the result.

Patient Service Hours: Monday - Friday

8:00am to 5:00pm EST